

# New Year Reflections



Describe one wish you have for the new year.

What was the best book you read last year? Why did you like it?

When thinking back on last year, what are you most thankful for?

What is something you hope to learn in the coming year?

What do you most look forward to in the new year?

If you could change one thing about last year, what would it be? Why?

What is one goal you have set for the new year? Why is it important?

Describe one new skill you learned last year.

**Directions:** To use the spinner, you'll need a paper clip and a pencil. Put the paper clip down with one end over the center dot. Put the pencil point down inside the paper clip and hold the pencil in place. Thump the paper clip. It will spin around the pencil point and point to one section on the Teambuilding Spinner. The Leader reads the question aloud and team members take turns answering it. Switch Leaders for each round and continue as time allows.

